



POCKET HIKES

LA POINTE DU ROSELIER PANORAMA

 2,5 KM

- 45 to 90 min walk
- Easy difficulty
- A steep slope at the start
- Some steep parts
- Hiking shoes recommended
- Free car park : Martin Plage 22190 Plérin.

The pointe du Roselier headland offers an unmissable 360° view of the Saint-Brieuc bay. Gaze at the whole bay, down to the Yffiniac cove nature reserve. This vantage point was a strategic spot as early as the Iron Age. People could watch the horizon in order to defend themselves or communicate with sailors. At the foot of the cliffs, Martin beach and its rocky creek is a shellfish harvester's paradise.



Roselier Fountain



Rocher Martin (Martin rock)



Panorama

D Start from the Martin Plage car park.

Take the uphill path of the Roselier Fountain at the corner of the car park opposite the sea.

1 ROSELIER FOUNTAIN

Most of the Roselier lands used to be cultivated and looked after with the help of horses. This was their place to drink and have a break.

Once at the top, walk until the end of the street. Head left, then right on Corniche street. Take the narrow path on your left to get to the coastal path. Head left again and stay on the upper path.

2 VIEWPOINT

The heart of the Saint-Brieuc bay unfolds before your eyes: A few cliffs first, then some sand with the Saint-Laurent beach and finally a lighthouse on a stone dyke that signals the entrance of the Légué harbour (1st commercial harbour of the Côtes d'Armor region). Two coves lie in the deepest part of the bay. The Yffiniac and Morieux coves welcome around 40000 migratory birds every year.

Stay on the same path up to the panoramic viewpoint.



3 PANORAMIC VIEWPOINT

You now stand at the tip of la pointe du Roselier. That's quite a view, isn't it? You can watch the horizon and spot a few fishing boats. The Saint-Brieuc bay is a true cornucopia! The scallop is the queen of the bay and trawlers fish them from October to April. It is very regulated. Trawlers are allowed to fish scallops for only 30 minutes twice a week! La pointe du Roselier used to be an important vantage point that allowed to spot enemy ships far away on the horizon. Therefore you had time to prepare your defense. Turn around and heat up the cannonball oven if you feel threatened!

4 CANNONBALL OVEN

The 1794 building was part of a larger defensive complex composed of this oven, a guard post, a custom house and a fort which housed 1 keeper, 2 corporals and 12 gunners.

Take the grassy path left of the oven that goes uphill to reach the toposcope.

5 PANORAMA

You can see the whole Saint-Brieuc bay from this promontory. From cape Erquy and cape Fréhel to the east to Paimpol and the Bréhat archipelago to the west. That is about 30km of shores alive with the 5th biggest tides in the world. At low tide the water can recede as far as 7km and then gain a height of 12m in 6 hours at high tide!

6 LOST AT SEA MEMORIALS

The sea can be cruel and the job of fisherman a hard one. Three memorial monuments stand around you to honour those who disappeared or perished at sea.

Follow the gravel path.

7 BOLLARDS

What do you see engraved on the granite bollards bordering the path?

These bollards with anchors signal the entrance of an old 19th century signal station. It was used to communicate with ships at sea.

Cross the car park and take the coastal path on your left.

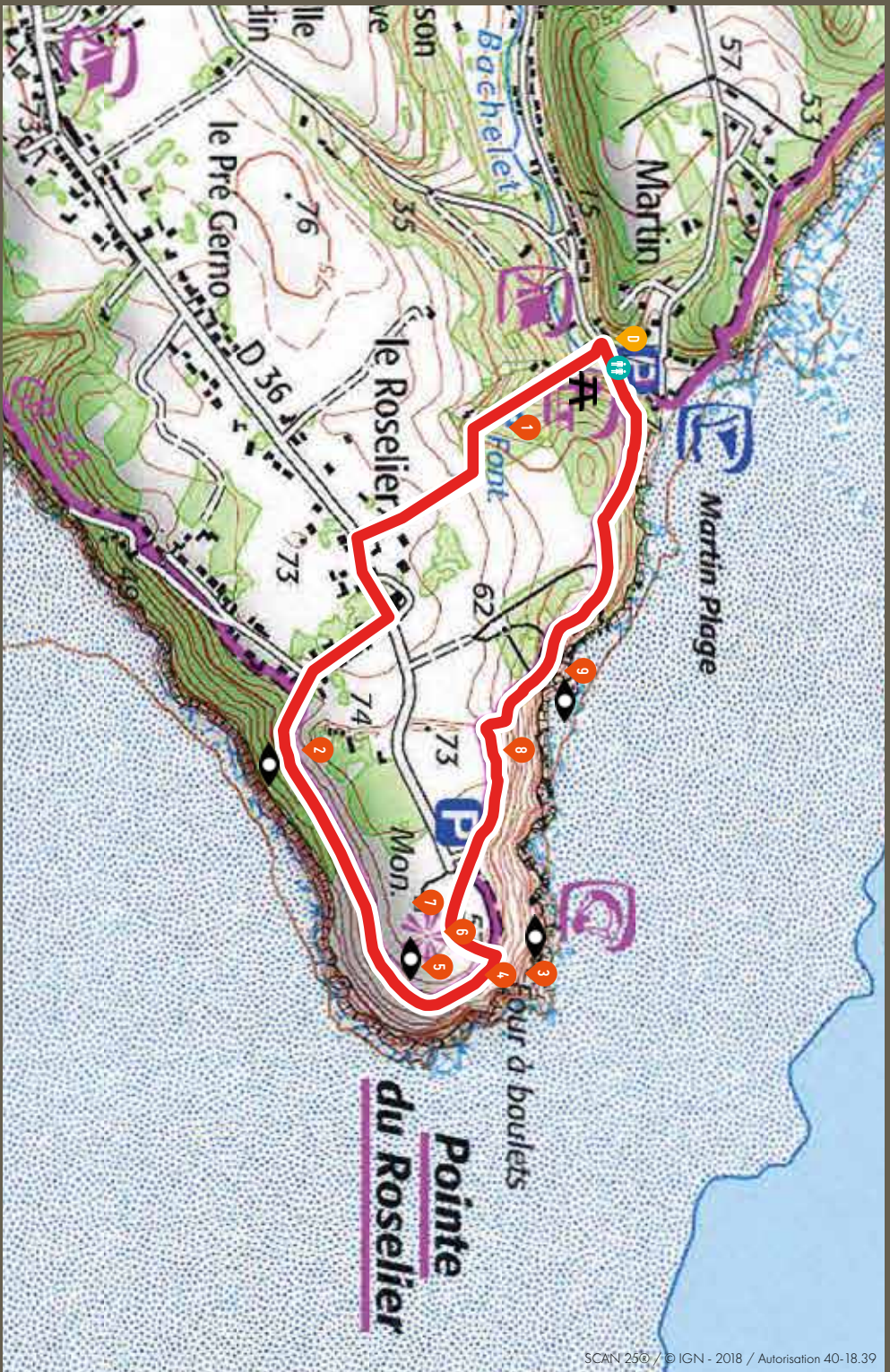
8 GUARDHOUSE

Here is the second remnant of this headland's defensive setup. It features an arrow loophole on the left not unlike those found in castles. It allowed to attack from a sheltered position.

Stay on that same path until you loop back around to the car park you started from.

9 MARTIN ROCK

The big rock with its top painted white is the emblematic Martin rock. It acts as a seamark for the sailors and the cross on it is a reminder of a wreck. The sea currents around it can prove quite treacherous.



HOW TO GET THERE :

- A 20 minute drive from Saint-Brieuc with the D24 road that follows the Plérin side of the harbour. Head towards la Pointe du Roselier and follow the Martin Plage sign to the left.
- With the TUB buses – Line D (Plérin – Ville Hervy) to the Ville Hervy stop (25 min ride). You will start from the second step of the walk. Take Roselier street, then turn right on Corniche street and follow the small path on the left that leads to the coastal path. Head left on the upper coastal path and start the hike (add 10 extra minutes to the hike).

WHERE TO EAT :



Picnic (see the map) :

Lawn with trees overlooking the beach car park.

La Cabane du pêcheur :

Bar. Oyster tasting in season.



Restaurant :

Les Bleuets

52, rue des Bleuets 22190 Plérin

Open Mondays, Thursdays, Fridays, Saturdays for lunch and dinner. Lunch service only on Tuesdays and Sundays.

Seaside restaurant with gourmet cuisine. Enjoy the view of the Saint-Laurent beach. Terrace. Lunch menu from 19€ during the week.

Reservations: 02 96 73 03 41

POINTS OF INTEREST :

Martin beach

At high tide, go for a swim! Swimming is supervised during the summer.

At low tide, harvest shellfish! It is one of the region's most popular activities. Wait for the biggest tides every month and then for when the water is receding before low tide. Look for mussels, oysters, crabs, abalones, sea snails and when you are lucky, even scallops! It is a very regulated activity (respect the seasons, sizes and quantities). Special rulers available in tourist offices.

More information: pecheapied-responsable.fr and vivarmor.fr

Pointe du Roselier

This panoramic headland is often dotted with bright colours. Look for the paragliders and their spectacular take-offs !



Saint-Brieuc Bay Tourist Office and Convention Centre

2 quater rue des Lycéens Martyrs
at the heart of city center of Saint-Brieuc

ENQUIRIES?

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